

Holistic Learning

Creating impactful, inspiring learning experiences

This one-day course is designed for those who already have experience of facilitating learning, and who want to build on their knowledge and skills to create and facilitate workshops and training which:

- engage learners on all levels
- create memorable learning experience
- generate deeper learning
- inspire learners to putting their learning into practice.

We'll look at some of the key findings from neuroscience and behavioural psychology which have transformed our understanding of how people learn, and you'll discover why it's so important to provide holistic learning experiences in the training room. Deep, meaningful learning happens on a physical, intellectual, emotional and spiritual level so we'll look at how to incorporate multiple layers of stimulus, meaning and experience to engage the whole person and to create the deep understanding which leads to behavioural change.

More specifically you'll discover:

- What is holistic learning and how does this apply to the training room
- How to engage the body, mind, heart and spirit of learners



- How to make workshops and training more experiential
- How to generate and maintain learner energy and enthusiasm
- How to embed learning in the long-term memory
- How to use findings from neuroscience and behavioural psychology such as...
 - Promoting self-discovered learning
 - Creating an effective learning environment
 - Engaging all the senses
 - Using physical movement
 - Generating positive emotions



You'll leave the day as more imaginative, creative, energised and successful facilitator, and you'll be ready to design and/or deliver workshops which are memorable and enjoyable and have a real impact on learners.

Find out more or book this course for your organisation:

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Visit www.salt-box.co.uk